

**ACT HIV**  
THE AMERICAN CONFERENCE  
FOR THE TREATMENT OF HIV

**"So you Say I have to do a Pap Smear"**

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May 16, 2009

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**Objectives**

- ✓ Demonstrate the important components of history taking and review of systems during a well women's exam.
- ✓ Review the technical and clinical aspects of a well women exam in order to adhere to best practices in the clinical setting.
- ✓ Implement appropriate billing, coding and referral criteria for a well woman's exam in clinical practice

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**Purpose of a "Well Women" Exam**

- ✓ Physical exam that emphasizes preventive health care for women
- ✓ Comfortable clinical forum to discuss intimate sexual and psychosocial issues
- ✓ Clinical forum to address contraception

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**Who provides WWE**

- ✓ Ob/gynecology
- ✓ Family Practice
- ✓ Internal Medicine
- ✓ Infectious Disease
- ✓ Nurse Practitioner
- ✓ Physician Assistant
- ✓ Title X providers

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**Difference between Pap Smear and WWE**

**Pap smear**

- ✓ Primary **SCREENING** test for cervical intraepithelial neoplasia
- ✓ Abnormal pap smear must be followed by a diagnostic test
- ✓ Screening guidelines are based on age, pap smear history and immune status

**Well Woman Exam**

- ✓ complete physical exam that includes a pelvic exam
- ✓ May not include a pap smear
- ✓ **recommended annually for most women**

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**Pap Smear Guidelines for women without HIV**

- ✓ Begin screening at age 21 or three years after sexual activity
- ✓ Annual screening for women below 30 years old
- ✓ After 30yr screening every three years if there are three consecutive negative screenings
- ✓ Screen until age 70 if there are three negative pap\*
- ✓ Women without a uterus do not have to be screened unless there is a history of cancer or precancerous lesions

American Cancer Society, American College of Obstetrics and Gynecology, United States Preventive Services Task Force

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**US Preventive Services  
Task Force Pap Smear  
guidelines in HIV positive  
woman**

- ✓ Screening twice in the first year after diagnosis then annually if initial results are normal
- ✓ Annual inspection of anus, vulva, and vagina
- ✓ Annual screening in women who have had a hysterectomy
- ✓ Screening colposcopy at initial evaluation

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**Genitourinary Review  
of Systems**

- ✓ Anterior
- ✓ Middle
- ✓ Posterior
- ✓ Breast

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**Documentation and  
Coding**

- ✓ Level III or IV (99203/99204)
- ✓ WWE
- ✓ Add just the pap smear to follow up visit

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**Don't Drop the Ball**

- ✓ Get actual pathology report on the chart
- ✓ Take note of specimen adequacy, interpretation and comments
- ✓ Call laboratory if results are confusing
- ✓ Refer to ob/gyn if there are abnormalities on the pap, physical exam or history

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**Don't Drop the Ball**

- ✓ Utilize resources
- ✓ Uptodate.com
- ✓ American College of Obstetrics and Gynecology compendium
- ✓ American Society for Colposcopy and Cervical Pathology ASCCP

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